



EAST COAST



KARATE

3920 Merrick Road
Seaford, N.Y. 11783
516-785-2725

Kickboxing & Fitness Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning Classes	Circuit Training 9:30-10:30	Bag Training 9:30-10:30		Circuit Training 9:30-10:30		Aerobic Kickboxing 9:00-10:00
Evening Classes	Bag Training 8:00-9:00	Aerobic Kickboxing 7:00-8:00	Boot Camp 6:30-7:30	Aerobic Kickboxing 7:00-8:00	Bag Training 6:30-7:30	
			Bag Training 8:00-9:00	Reggae Tone 8:00-9:00		

Program Options & Tuition

KICKBOXING & FITNESS PROGRAM

PRICE OPTIONS

Unlimited Classes:

1 Month	\$75.00
3 Months	\$195.00 (\$65/month) a savings of \$10/month
6 Months	\$330.00 (\$55/month) a savings of \$20/month
1 Year	\$588.00 (\$49/month) a savings of \$26/month
12 Classes	\$95.00

Monthly Payment

CREDIT CARD DEDUCTION

East Coast Karate will deduct your monthly payments directly from your debit or credit card (Discover, Visa, MasterCard). A record of each payment will appear on your credit card statement. In order to proceed with this payment option we would need your

CARD NUMBER & EXPIRATION DATE.